

Identifying Personal & Professional Preferences with the MBTI

ONLINE WORKSHOP

Would you like to better understand your own personality and how it influences the way you study, communicate, and collaborate with others?

This interactive workshop introduces you to the Myers-Briggs Type Indicator (MBTI) framework and shows how it can be applied in academic and professional contexts, especially in multicultural and online environments.

What you will learn

In this interactive online workshop, you will:

- Learn the basics of the MBTI framework and its cultural context
- Explore the four MBTI dichotomies and reflect on your own preferences
- Understand how personality influences communication and group dynamics
- Develop strategies for teamwork in multicultural and remote settings
- Strengthen your empathy, self-awareness, and adaptability



workshop led by
Alexandra Hull

Register now:



10th October 2025
14:00 - 17:00
online

Any more questions? Please contact us: spz-universeh@hhu.de



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